



Belize Itinerary for Corporate Training and Cultural Connections Tour (Sample)

Day 1

7:30-8:30 Belizean breakfast followed by Caribbean stroll
 9:00-12:00 Introduction to training program
 12:30-1:30 Lunch
 2:00 -5:00 Training sessions
 5:30--8:00 Social/Cultural hour
 8:00--9:00 Dinner/ steel band music

Day 2

7:30 Breakfast
 9:00-5:00 Training schedule (same as Day 1)
 5:00 8:00 Tour of Old Belize/Social Hour
 8:00 9:00 Dinner with local executives/Reggae music

Day 3

7:30 Breakfast
 9:00-5:00 Training schedule (same as Day 1)
 5:00-9:30 Flight to Caye for social hour, cultural tour/dinner

Day 4

7:30 Breakfast
 9:00-4:30 Training schedule
 4:30-9:30 Recreation at Ridge Lagoon Park, social hour/dinner

Day 5

7:30 Breakfast
 9:00-12:00 Training from 9:00—12:00
 12:00 Lunch at Old Belize
 2:00-5:00 Tour of Lamanai (Mayan Ruin)
 6:30-7:30 Dinners
 8:00-10:00 Cultural presentations with local music and dance

Day 6

7:30 Breakfast
 8:30 Walking tour of city
 10:00-5:00 Options:
 1) Tour Cayo District- Mayan Ruins/waterfall/caves, rivers or
 2) Full day at a Caye for diving, swimming, sailing relaxing

 6:00-7:30 Social/cultural connections/Belize music
 8:00-9:00 Dinner at local restaurant
 Free evening

Day 7

Morning Tour of Altun Ha (Mayan Ruin)
Afternoon Departure